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NOVEMBER 11, 2020

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Please watch our [message about not delaying care](#).

Dear Friends,

As the year draws to a close and we approach the holiday season, we want you to remember that your health is essential, and we encourage you not to delay getting the care that you need. We ensure that our Dignity Health hospitals, physician offices, urgent care centers, labs, and imaging centers are safe and ready to care for you.

If you or a loved one are experiencing a medical emergency, or need routine screenings such as mammograms and colonoscopies, lab work or heart and diabetic screenings, we encourage you to schedule that necessary care. Not seeking proper medical care can put you at great risk.

We are prepared and ready to provide for your health and safety, and want to remind you of the extensive safety measures we have put in place at our facilities. In turn, we ask that you continue to take the proper steps to protect yourselves and those around you. During the season of holiday gatherings, we urge you to continue to make your health and safety a priority by:

- **Wearing a face covering when outside your home and coming into contact with others**
- **Keeping a distance of six feet between you and others outside your home**
- **Washing your hands often**
- **Avoiding large gatherings**
- **Staying home when you are sick**

Arroyo Grande Community Hospital has implemented enhanced protocols to ensure the your safety, and want you to be mindful about continuing to make your health a priority. It could make all the difference in your health outcomes.

Stay safe and be well,

**Sue Andersen**

President & CEO

Arroyo Grande Community Hospital

*Do not delay. Your health matters.*

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