

## Stay Safe this Labor Day Weekend

## Dear Friends,

We are prepared and ready to provide for the health and safety of our patients, and want to remind you to take the proper steps to protect yourself and your loved ones. The only successful remedy for slowing the spread of the virus is by taking appropriate precautions. We urge you to continue to make your health and safety a priority by:

- Wearing a face covering when outside your home and coming into contact with others.
- Keeping a distance of six feet between you and others outside your home.

- Washing your hands often.
- Avoiding touching your eyes, nose, or mouth.
- Staying home when you are sick.

As we near the Labor Day holiday weekend, we want to remind you to stay safe and protected. The Centers for Disease Control and Prevention (CDC) advises individuals to consider how to minimize exposure and the spread of coronavirus as some communities begin to hold events.

The more people an individual interacts with at a gathering and the longer that interaction lasts, the higher the potential risk of becoming infected with COVID-19 and spreading the virus to others.

Arroyo Grande Community Hospital has taken extensive measures to ensure the continued safety of our patients and staff, and if we all do our part to stay safe, together we can make an impact on reducing COVID-19 cases in our community.

Stay safe and be well.

Thank you,

Sue Andersen President and CEO Arroyo Grande Community Hospital Marian Regional Medical Center

You can make a difference today by supporting the <u>Emergency Support</u> <u>Fund</u> assists the hospital's efforts to respond to the ongoing crisis.

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