

# DISCOVER THE FOUNTAIN OF YOUTH AND ACHIEVE OPTIMUM HEALTH & WELLNESS AT REGENESIS 360!

**6 Month Total Health and Wellness Program!**  
(Value: \$5000)

## Experience our Life Enhancing Services:

### OZONE OXYGEN STEAM SAUNA

Experience therapies that provide advanced detox, oxygenation, beauty, and anti-aging benefits, enhanced athletic performance, and an overall improvement of wellness and vitality!

### ARX ADAPTIVE RESISTANCE EXERCISE

**Safe, Effective, and Efficient:** Get **stronger**, build **lean muscle**, increase **bone density**, improve your **posture, balance**, and **athletic performance**, and **tone** your body in as little as **22-minutes once a week!**

- ☑ Each client is assigned a personal coach!
- ☑ Coaches provide motivation, accountability, and expertise!
- ☑ Our ARX exercise facility is private and one-on-one!
- ☑ This is NOT a gym, sweat-free, no need to shower!
- ☑ No workout clothes needed, wear you regular clothes!

### LIVE02 - EXERCISE WITH OXYGEN THERAPY

LIVE02 is simply astounding; there is no other term to describe this wonderful and simple therapy. Oxygen therapy can change your life, prolong your health-span, and prevent the onset of so called "age related" diseases.

#### Some of the benefits include...

- ☑ LIVE02 has been shown to prevent age related diseases such as cancer, macular degeneration, cataracts, diabetes, chronic fatigue, fibromyalgia, 'non healing' wounds (and so much more!)
- ☑ Slow down (or Reverse!) the process of aging
- ☑ Improves skin tone
- ☑ Stimulates the immune system
- ☑ Boosts energy
- ☑ Assists in weight loss

